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 Date: 12/07/07

Nichola Burton  
 Thought Global Ltd  
 Suite 1  
 Kenyon Business Centre  
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 Nelson  
 Lancs  
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Dear Nichola

**Re: MY REFLECTIONS**

I just had to put into writing how I feel after having had your help over the last few months. Please feel free to use the following quotes for your own personal or business purposes.

"I can honestly say that having Nichola and Thought Global in my life over the last year has helped me to realise my dream again. It has been the best thing to happen to me since I allowed it to be stolen 12 years ago.

I have been helped to understand once more that I can choose how I feel and be in control of my life instead of feeling like people things and situations do it for me.

Whilst studying a diploma course at work I experienced severe emotional turmoil, that had I not had support from Nichola, would have led to long term sickness. Instead, the mentoring sessions I had not only supported me on a personal level, but gave me the vision I needed to carry on each day I developed strength and insight into the depth of my feeling and solutions to the problem I faced. I was provided with a shoulder to lean on, the vision that I could change my life and the positive mental attitude to believe in myself again.

Thanks Nichola and Thought Global UK, for the sincerity and care you gave me. I look forward to a long lasting friendship and wish you all the best for the future from myself and my husband. You have resurrected our dreams! The best thing is that by helping others to realise theirs we can achieve our goal too."

Yours sincerely  
**STEPHANIE PRICE**  
 Call Centre Team Leader

